



**Prof. Dr. med. Dr. h.c. Vera Regitz-Zagrosek, MD**

### Current position(s):

Director of the Berlin Institute of Gender in Medicine (GiM) at Charité - University Medicine Berlin

### Education and training

<b>INSTITUTION AND LOCATION</b>	<b>DEGREE</b>	<b>YEAR</b>	<b>FIELD OF STUDY</b>
University of Saarland, Medical School	Dr. med.	1972-1979	Medicine
Max Planck Institute for Experimental Cardiology, Bad Nauheim and Dept. of Biochemistry, Univ. of Madison, Wisconsin	Fellowship	1979-1982	Experimental Cardiology
Internal Medicine at German Heart Institute Munich, Free University Berlin	Specialist	1982-1988	Internal Medicine
German Heart Institute Berlin	Specialist	1990	Cardiology
German Heart Institute Berlin	Habilitation	1991	Internal Medicine

### Hospital and academic appointments

Since 2020	Konsiliaris, Department of Cardiology, University Hospital Zürich, University of Zürich, Switzerland
Since 2020	Advisor at Medical faculty, University of Zurich, Switzerland
2019	Anna Fischer Dückelmann Guest professor in Gender medicine, University Zürich
Since 4/2019	Senior Professor at Charité Berlin
Since 2007	Founder and Director of the Berlin Institute of Gender in Medicine (GiM) at Charité – University Medicine Berlin
Since 2003	Chair Cardiovascular Disease in Women, Charité and German Heart Institute Berlin
2001-2003	Head Working Group Experimental Cardiology, Dept. of Cardiothoracic and Vascular Surgery, German Heart Institute Berlin
1996	Assistant professor, Internal Medicine, Free University Berlin
1991-2001	Attending physician, Dept. Cardiology, German Heart Institute Berlin

### Administrative experience

Director of the Institute of Gender in Medicine (GiM) at Charité - University Medicine Berlin 2007-2019. Coordinator of numerous third part money projects.

### Supervision and research coordination functions

2020 – 2023	PI, BMG project “Gender in multiple sclerosis”
2019 – 2022	Advisor: Canadian/EU project “Going Forward”
2017 - 2021	PI, BMBF project “Gender and Age”
2018 - 2021	PI, EU Project Gender Academy
2018 – 2021	PI, EU Project ERA CVD Net Endless
2016 - 2019	Task force leader and guideline coordinator on “Cardiovascular Diseases in Pregnancy” of the European Society of Cardiology

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2014 - 2017 Coordinator of EU project GENCAD  
2013 - 2016 Coordinator of EU project Radox (ITN )  
2012 - 2014 Coordinator of EU project EUGENMED  
2011 - 2018 Founding member of the German Centre for Cardiovascular Research (DZHK) and coordinator of Berlin Site of DZHK.  
2011 - 2012 Task force leader and guideline coordinator on “Cardiovascular Diseases in Pregnancy” of the European Society of Cardiology  
2010 - 2012 Coordinator of EU project EUGIM,  
2008 - 2019 Head of commission on gender equality at Charité, Berlin  
2008 - 2010 Task force leader and guideline coordinator on “Cardiovascular Diseases in Pregnancy” of the German Cardiac Society  
2008-2015 Project leader and coordinator of research group (FOR 1054, DFG,) on “Sex specific mechanisms in myocardial hypertrophy and heart failure”  
2001-2010 Coordinator of the Graduate Course (GK 754, DFG,) on “Sex specific mechanisms in myocardial hypertrophy and heart failure”

### Teaching

Clinical cardiology and cardiovascular physiology in lectures, seminars and courses from 1985-2003  
Conceptualizing and lecturing in a modular medical curriculum for gender specific diseases at Charité Universitätsmedizin Berlin

Lecturing at Berlin School of public Health, 2008-2014

Supervisor of 31 MD thesis and 17 PhD thesis, most of students finishing with “magna cum laude”( since 2002)

Supervision of PhD Thesis in NL, France and Denmark

### Awards/ Grants

2021 Elisabeth Selbert Price, Landesregierung Hessen  
2021 Georg Klempner Prize, Landesärztekammer Berlin  
2019 Bundesverdienstkreuz Bundesrepublik Deutschland  
2019 Anna Fischer Dückelmann Guest professor in Gender medicine, University Zürich  
2016 Visiting Professor, Medical University of Utrecht  
2015 Invited Lecture, Académie Française, December 1<sup>st</sup>, 2015  
2014 Honorary doctorate, Medical University of Innsbruck, Austria  
2007 Margherita von Brentano prize, Free University Berlin  
1996 Alfred Fraenkel prize, German Cardiac Society  
1995 Rudolph Thauer prize, German Cardiac Society  
1994 Rudolph Thauer prize, German Cardiac Society  
1972-1979 Fellowship Studienstiftung des Deutschen Volkes

### Membership in academic and professional committees, review and editorial boards

- Since 2007: Founding president and president of the German Society of Gender Medicine (DGesGM)
- 2007- 2009: Founding president of the International Society of Gender in Medicine (IGM)  
Board member 2010-2019
- 2001-2010; 2015-2017: Founder and chair of working group on “Cardiovascular Diseases in Women” at German Cardiac Society
- Reviewer for European Heart Journal, Cardiovascular research, Scientific Reports – Nature, Nature reviews, Circulation, Plos 1, and others
- Reviewer for Canadian Institute of Health research, DFG, EU, Agence national de Recherche, France, FNR Luxembourg and others
- Since 2012: Editorial Board member Biology of Sex differences
- Since 2014: Counselor, Organization for the study of sex differences, OSSD

### Ongoing Research projects

Gender Equality Academy, -2019 – 2021, PI, EU

Sex and Gender in Multiple Sclerosis, 2020-2023, PI, BMBF

Sex and Gender in Healthy Aging, 2018 – 2020, PI, BMBF

Development of a Gender-sensitive Risk Assessment Tool to Predict Short- and Long-term Outcomes of COVID-19 (COVID-GENDER: COGEN), 2020 – 2022, PI, The Loop, Zurich

### 10 most recent publications

#### [Colchicine in Patients with Chronic Coronary Disease.](#)

Gebhard C, Regitz-Zagrosek V. N Engl J Med. 2021 Feb 25;384(8):776-777. doi:

10.1056/NEJMc2034992. PMID: 33626261 No abstract available.

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#### [Risk stratification and management of women with cardiomyopathy/heart failure planning pregnancy or presenting during/after pregnancy: a position statement from the Heart Failure Association of the European Society of Cardiology Study Group on Peripartum Cardiomyopathy.](#)

Sliwa K, van der Meer P, Petrie MC, Frogoudaki A, Johnson MR, Hilfiker-Kleiner D, Hamdan R, Jackson AM, Ibrahim B, Mbakwem A, Tschöpe C, Regitz-Zagrosek V, Omerovic E, Roos-Hesselink J, Gatzoulis M, Tutarel O, Price S, Heymans S, Coats AJ, Müller C, Chioncel O, Thum T, Thum T, de Boer RA, Jankowska E, Ponikowski P, Lyon AR, Rosano G, Seferovic PM, Bauersachs J. Eur J Heart Fail. 2021 Feb 20. doi: 10.1002/ejhf.2133. Online ahead of print. PMID: 33609068

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#### [Gender and career in cardiology-a cross-sectional study.](#)

Dettmer S, Wenzel A, Trenkwalder T, Tiefenbacher C, Regitz-Zagrosek V. Herz. 2021 Feb 18. doi: 10.1007/s00059-021-05027-0. Online ahead of print. PMID: 33599803 Review. English.

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#### [Gender score development in the Berlin Aging Study II: a retrospective approach.](#)

Nauman AT, Behloul H, Alexander N, Kendel F, Drewelies J, Mantantzis K, Berger N, Wagner GG, Gerstorf D, Demuth I, Pilote L, Regitz-Zagrosek V. Biol Sex Differ. 2021 Jan 18;12(1):15. doi: 10.1186/s13293-020-00351-2. PMID: 33461607 Free PMC article.

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#### [Dilated cardiomyopathy impairs mitochondrial biogenesis and promotes inflammation in an age- and sex-dependent manner.](#)

Barcena ML, Pozdniakova S, Haritonow N, Breiter P, Kühl AA, Milting H, Baczko I, Ladilov Y, Regitz-Zagrosek V. Aging (Albany NY). 2020 Dec 2;12(23):24117-24133. doi: 10.18632/aging.202283. Epub 2020 Dec 2. PMID: 33303703 Free PMC article.

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#### [Proteomic Analysis Reveals Upregulation of ACE2 \(Angiotensin-Converting Enzyme 2\), the Putative SARS-CoV-2 Receptor in Pressure-but Not Volume-Overloaded Human Hearts.](#)

Stegbauer J, Kraus M, Nordmeyer S, Kirchner M, Ziehm M, Dommisch H, Kelle S, Kelm M, Baczko I, Landmesser U, Tschöpe C, Knosalla C, Falcke M, Schapranow MP, Regitz-Zagrosek V, Mertins P, Kuehne T. Hypertension. 2020 Dec;76(6):e41-e43. doi: 10.1161/HYPERTENSIONAHA.120.16261. Epub 2020 Sep 24. PMID: 32969280 Review. No abstract available.

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#### [PRediction of acute coronary syndrome in acute ischemic Stroke \(PRAISE\) - protocol of a prospective, multicenter trial with central reading and predefined endpoints.](#)

27.2.2021

Nolte CH, von Rennenberg R, Litmeier S, Scheitz JF, Leistner DM, Blankenberg S, Dichgans M, Katus H, Petzold GC, Pieske B, Regitz-Zagrosek V, Wegscheider K, Zeiher AM, Landmesser U, Endres M. BMC Neurol. 2020 Aug 27;20(1):318. doi: 10.1186/s12883-020-01903-0. PMID: 32854663 Free PMC article.

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[Clinical presentation, management, and 6-month outcomes in women with peripartum cardiomyopathy: an ESC EORP registry.](#)

Sliwa K, Petrie MC, van der Meer P, Mebazaa A, Hilfiker-Kleiner D, Jackson AM, Maggioni AP, Laroche C, Regitz-Zagrosek V, Schaufelberger M, Tavazzi L, Roos-Hesselink JW, Seferovic P, van Spaendonck-Zwarts K, Mbakwem A, Böhm M, Mouquet F, Pieske B, Johnson MR, Hamdan R, Ponikowski P, Van Veldhuisen DJ, McMurray JJV, Bauersachs J. Eur Heart J. 2020 Oct 14;41(39):3787-3797. doi: 10.1093/eurheartj/ehaa455. PMID: 32840318

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[Sex and gender: modifiers of health, disease, and medicine.](#)

Mauvais-Jarvis F, Bairey Merz N, Barnes PJ, Brinton RD, Carrero JJ, DeMeo DL, De Vries GJ, Epperson CN, Govindan R, Klein SL, Lonardo A, Maki PM, McCullough LD, Regitz-Zagrosek V, Regensteiner JG, Rubin JB, Sandberg K, Suzuki A. Lancet. 2020 Aug 22;396(10250):565-582. doi: 10.1016/S0140-6736(20)31561-0. PMID: 32828189 Free PMC article. Review.

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[\[Gender-specific aspects of chronic coronary artery disease in everyday practice. Results of the AURORA health care study\].](#)

Regitz-Zagrosek V. MMW Fortschr Med. 2020 Jul;162(Suppl 5):21-27. doi: 10.1007/s15006-020-0660-z. Epub 2020 Jul 17

Komplette Liste der Veröffentlichungen unter:

<https://www.ncbi.nlm.nih.gov/pubmed/?term=vera+regitz-zagrosek>